



SDI ASSESSMENTS

Building Relationship Intelligence and Strengthening Teams

Empower your teams to recognize their own strengths and motives while learning to appreciate those of others. A team's true potential is reached when members learn to put their own individual need for success aside and focus on the collective success of everyone.

The best way to build trust within your team is by learning about the people on it; how to best communicate with them; and, to actively listen to what they have to say. SDI Assessments provide tools to help strengthen these communication styles while providing a safe environment to be authentic and vulnerable, hence building trust. These tools, along with staying curious, help your team to listen to understand rather than to simply just reply.



Workshops

Typically, two 3-hour workshops, virtually or in person, where individuals will learn more about themselves as well as the team they work with.



Memberships & Boards

Membership and Partner Agreement with Core Strengths



Educated & Experienced

Certified Facilitator with Core Strengths with experience in both virtual and in person workshops.



Peer Approved

Contact info available on request.
Braedan King – *Teranet Inc.*
Cody Morigeau – *Ktunaxa Nation*
Cheryl Webb – *Hamilton District Christian High*



Continued Learning

Constant learning and participation in webinars, workshops and conferences as well as continual reading and research on the topic of relationship building.



Confidential & Trustworthy

Your privacy and confidentiality are of the utmost importance.



Lana T. Bavle, founder of LTB Leadership, understands the importance of having an executive coach to help you explore challenges, issues, and options in both work and personal life, so that clients can lead their best lives with ease and grace. Whether you are an executive, self-employed, a student, or between careers, Lana will help you to find the solutions and directions that help you be your best self.

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